

P.E. at Cranford Park CE Primary School

<u>What We Do</u>	<u>Why We Do It</u>
Each lesson starts with warm up activity	Children are active and engaged in warm up activities and will warm up their whole body, raising their heart rates, in preparation for the lesson to be taught.
Lessons have a focus on skills	A skills progression grid ensures children build on skills taught. Teachers will remind the children of previous learning before introducing new skills.
Skills are demonstrated and modelled	Teachers demonstrate skills to ensure that children understand what they are aiming for. Other pupils can also be used for this.
Children have opportunities to practise skills	Children practice skills discretely so that they can develop proficiency before applying these in a game.
Children apply skills in a small sided game	Children participate in smaller games so that there are more opportunities to be actively engaged in the game, rather than waiting for a turn.
Children deepen their understanding of skills	Children are given opportunities to deepen their understanding through larger sided games, competitions and other opportunities.
Children have opportunities for competitive sports	At times, children may have opportunities to engage in competitive sports and mini competitions within lessons. This prepares them for further opportunities in extra-curricular activity.
Developing sportsmanship and resilience	High expectations develop good sportsmanship. Children are taught not to argue with the referee and to not give up, even when the match is not going their way! Children are taught to be gracious losers, cheering on other competitors and congratulating the winning team.
Children are encouraged to participate in extra-curricular sporting activity	An annual survey identifies any KS2 children who are not yet participating in sports activity or clubs either in school or outside of it. Those children meet with the P.E. lead so that they can be encouraged to join in an activity. Sports Premium is used to support disadvantaged children to participate fully.
Activities assess understanding and are practical, engaging and fun	Throughout lessons, teachers will gain an awareness of children who are exceeding expectations and those who are not able to meet them. Children failing to meet expectations will be given targets for physical activity (eg: in their IEP). Annual reports will inform parents whether children have met, not met or exceeded end of year expectations in KPIs.
Opportunities for Spiritual, Moral, Social and Cultural Education	Lessons contain opportunities throughout. For example, children are taught to be gracious losers. Dance includes elements of dance from a range of cultures. Children are given opportunities for yoga and other forms of meditation through class activity and visiting workshops.
Child-led	Children should be given opportunities to apply their skills in ways of their own choosing. For example, children may design a game to use the skills taught, or an obstacle course using given equipment.
Liaison	The P.E. leader liaises with others outside of the school in regular twilight meetings. Annual cross-school events allow children to compete against pupils from other settings.